

Suunto		FIT file				
Sports/Activity name	ID for the sport	Support in Suunto portfolio <i>If watch doesn't support a sport: watch will not track this sport, content to watches/routes, plan) will be converted to other sports</i>	Sports/activity name	Sport id	Sub-sport name	Sub-sport id
Walking	0	All sports watches / Suunto App	WALKING	11		
Running	1	All sports watches / Suunto App	RUNNING	1		
Cycling	2	All sports watches / Suunto App	CYCLING	2		
Cross-country skiing	3	All sports watches / Suunto App	CROSS_COUNTRY_SKIING	12		
Sports	4	All sports watches / Suunto App	GENERIC	0		
Sports	5	All sports watches / Suunto App	GENERIC	0		
Sports	6	All sports watches / Suunto App	GENERIC	0		
Sports	7	All sports watches / Suunto App	GENERIC	0		
Sports	8	All sports watches / Suunto App	GENERIC	0		
Sports	9	All sports watches / Suunto App	GENERIC	0		
Mountain biking	10	All sports watches / Suunto App	CYCLING	2	MOUNTAIN	8
Hiking	11	All sports watches / Suunto App	HIKING	17	TRAIL	3
Roller skating	12	All sports watches / Suunto App	INLINE_SKATING	30		
Downhill skiing	13	All sports watches / Suunto App	ALPINE_SKIING	13	DOWNHILL	9
Padding	14	All sports watches / Suunto App	PADDLING	19		
Rowing	15	All sports watches / Suunto App	ROWING	15		
Golfing	16	All sports watches / Suunto App	GOLF	25		
Indoor sports	17	All sports watches / Suunto App	TRAINING	10		
Parkouring	18	All sports watches / Suunto App	GENERIC	0		
Ball games	19	All sports watches / Suunto App	GENERIC	0		
Outdoor gym	20	All sports watches / Suunto App	TRAINING	10		
Swimming	21	All sports watches / Suunto App	SWIMMING	5		
Trail running	22	All sports watches / Suunto App	RUNNING	1	TRAIL	3
Gym	23	All sports watches / Suunto App	TRAINING	10	STRENGTH_TRAINING	20
Nordic walking	24	All sports watches / Suunto App	WALKING	11		
Horseback riding	25	All sports watches / Suunto App	HORSEBACK_RIDING	27		
Motorsports	26	All sports watches / Suunto App	DRIVING	24		
Skateboarding	27	All sports watches / Suunto App	GENERIC	0		
Water sports	28	All sports watches / Suunto App	GENERIC	0		
Climbing	29	All sports watches / Suunto App	ROCK_CLIMBING	31		
Snowboarding	30	All sports watches / Suunto App	SNOWBOARDING	14		
Ski touring	31	All sports watches / Suunto App	ALPINE_SKIING	13	BACKCOUNTRY	37
Fitness class	32	All sports watches / Suunto App	TRAINING	10		
Soccer	33	All sports watches / Suunto App	SOCCER	7		
Tennis	34	All sports watches / Suunto App	TENNIS	8		
Basketball	35	All sports watches / Suunto App	BASKETBALL	6		
Badminton	36	All sports watches / Suunto App	RACKET	64		
Baseball	37	All sports watches / Suunto App	GENERIC	0		
Volleyball	38	All sports watches / Suunto App	GENERIC	0		
American football	39	All sports watches / Suunto App	AMERICAN_FOOTBALL	9		
Table tennis	40	All sports watches / Suunto App	RACKET	64		
Racquet ball	41	All sports watches / Suunto App	RACKET	64		
Squash	42	All sports watches / Suunto App	RACKET	64		
Floorball	43	All sports watches / Suunto App	GENERIC	0		
Handball	44	All sports watches / Suunto App	GENERIC	0		
Softball	45	All sports watches / Suunto App	GENERIC	0		
Bowling	46	All sports watches / Suunto App	GENERIC	0		
Cricket	47	All sports watches / Suunto App	GENERIC	0		
Rugby	48	All sports watches / Suunto App	GENERIC	0		
Ice skating	49	All sports watches / Suunto App	ICE_SKATING	33		
Ice hockey	50	All sports watches / Suunto App	GENERIC	0		
Yoga/pilates	51	All sports watches / Suunto App	TRAINING	10	YOGA	43
Indoor cycling	52	All sports watches / Suunto App	CYCLING	2	INDOOR_CYCLING	6
Treadmill	53	All sports watches / Suunto App	RUNNING	1	TREADMILL	1
Crossfit	54	All sports watches / Suunto App	TRAINING	10		
Crosstrainer	55	All sports watches / Suunto App	FITNESS_EQUIPMENT	4	ELLIPTICAL	15
Roller skiing	56	All sports watches / Suunto App	CROSS_COUNTRY_SKIING	12		
Indoor rowing	57	All sports watches / Suunto App	FITNESS_EQUIPMENT	4	INDOOR_ROWING	14
Stretching	58	All sports watches / Suunto App	TRAINING	10	FLEXIBILITY_TRAINING	19
Track and field	59	All sports watches / Suunto App	RUNNING	1	TRACK	4
Orienteering	60	All sports watches / Suunto App	RUNNING	1	NAVIGATE	50
Standup paddling	61	All sports watches / Suunto App	STAND_UP_PADDLEBOARDING	37		
Combat sport	62	All sports watches / Suunto App	GENERIC	0		
Kettlebell	63	All sports watches / Suunto App	TRAINING	10	STRENGTH_TRAINING	20
Dancing	64	All sports watches / Suunto App	GENERIC	0		
Snow shoeing	65	All sports watches / Suunto App	SNOWSHOEING	35		
Frisbee golf	66	All sports watches / Suunto App	GENERIC	0		
Futsal	67	All sports watches / Suunto App	GENERIC	0		
Multisport	68	All sports watches / Suunto App	MULTISPORT	18		
Aerobics	69	All sports watches / Suunto App	TRAINING	10	CARDIO_TRAINING	26
Trekking	70	All sports watches / Suunto App	HIKING	17		
Sailing	71	All sports watches / Suunto App	SAILING	32		
Kayaking	72	All sports watches / Suunto App	KAYAKING	41		
Circuit training	73	All sports watches / Suunto App	TRAINING	10		
Triathlon	74	All sports watches / Suunto App	MULTISPORT	18		
Padel	75	All sports watches / Suunto App	RACKET	64	PADEL	85
Cheerleading	76	All sports watches / Suunto App	TRAINING	10		
Bowling	77	All sports watches / Suunto App	BOXING	47		
Scuba diving	78	All sports watches / Suunto App	DIVING	53		
Freediving	79	All sports watches / Suunto App	DIVING	53		
Adventure racing	80	All sports watches / Suunto App	GENERIC	0		
Gymnastics	81	All sports watches / Suunto App	TRAINING	10		
Canoeing	82	All sports watches / Suunto App	PADDLING	19		
Mountaineering	83	All sports watches / Suunto App	MOUNTAINEERING	16		
Telemark skiing	84	All sports watches / Suunto App	ALPINE_SKIING	13	DOWNHILL	9
Openwater swimming	85	All sports watches / Suunto App	SWIMMING	5	OPEN_WATER	18
Windsurfing	86	All sports watches / Suunto App	WINDSURFING	43		
Kitesurfing	87	All sports watches / Suunto App	KITESURFING	44		
Paragliding	88	All sports watches / Suunto App	HANG_GLIDING	26		
Snorkeling	90	All sports watches / Suunto App	SWIMMING	5		
Surfing	91	All sports watches / Suunto App	SURFING	38		
Swimrun	92	Suunto App only (not in watches)	MULTISPORT	18		
Duathlon	93	Suunto App only (not in watches)	MULTISPORT	18		
Aquathlon	94	Suunto App only (not in watches)	MULTISPORT	18		
Obstacle racing	95	All sports watches / Suunto App	GENERIC	0		
Fishing	96	All sports watches / Suunto App	FISHING	29		
Hunting	97	All sports watches / Suunto App	HUNTING	28		
Transition	98	All sports watches / Suunto App	TRANSITION	3		
Gravel cycling	99	Watches: 5, 5Peak, 9Peak, 9 baro, 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (April 2022)	CYCLING	2	GRAVEL_CYCLING	46
Mermaidling	100	Watches: 9, 9Peak, 9 baro, 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (April 2023)	DIVING	53		
Spearfishing	101	Watches: 9, 9Peak, 9 baro, 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (April 2023)	DIVING	53		
Jump rope	102	Watches: 9, 9Peak, 9 baro, 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (June 2023)	GENERIC	0		
Track running	103	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	RUNNING	1	TRACK	4
Calisthenics	104	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	FITNESS_EQUIPMENT	4	STRENGTH_TRAINING	20
E-biking	105	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	E_BIKING	21	E_BIKE_FITNESS	28
E-mtb	106	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	E_BIKING	21	E_BIKE_MOUNTAIN	47
Backcountry skiing	107	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	CROSS_COUNTRY_SKIING	12	BACKCOUNTRY	37
Wheelchair sport	108	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	GENERIC	0	HAND_CYCLING	12
Hand cycling	109	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	CYCLING	2	HAND_CYCLING	12
Splitboarding	110	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	SNOWBOARDING	14	BACKCOUNTRY	37
Biathlon	111	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	MULTISPORT	18		
Meditation	112	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	GENERIC	0	BREATHING	62
Field hockey	113	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	GENERIC	0	MATCH	22
Cydocross	114	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	CYCLING	2	CYCLOCROSS	11
Vertical running	115	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	RUNNING	1	TRAIL	3
Ski mountaineering	116	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	MOUNTAINEERING	16	BACKCOUNTRY	37
Skate skiing	117	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	CROSS_COUNTRY_SKIING	12	SKATE_SKIING	42
Classic skiing	118	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	CROSS_COUNTRY_SKIING	12	GENERIC	0
Chores	119	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	GENERIC	0	EXERCISE	23
Pilates	120	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	FITNESS_EQUIPMENT	4	PILATES	44
Yoga	121	Watches: 9Peak pro, Race, Races, Vertical, Ocean / Suunto App (since march 2023)	FITNESS_EQUIPMENT	4	YOGA	43