Activity Name	ID for the activity	FIT File sport name	FIT File sport id	FIT sub-sport name	FIT sub-sport id
Adventure racing	80	GENERIC	0		
Aerobics	69	TRAINING	10	CARDIO_TRAINING	26
American football	39	AMERICAN_FOOTBALL	9		
Aquathlon	94	MULTISPORT	18		
Badminton	36	GENERIC	0		
Ball games	19	GENERIC	0		
Baseball	37	GENERIC	0		
Basketball	35	BASKETBALL	6		
Bowling	46	GENERIC	0		
Boxing	77	BOXING	47		
Canoeing	82	PADDLING	19		
Cheerleading	76	TRAINING	10		
Circuit training	73	TRAINING	10		
Climbing	29	ROCK_CLIMBING	31		
Combat sport	62	GENERIC	0		
Cricket	47	GENERIC	0		
Cross-country skiing	3	CROSS_COUNTRY_SKIING	12		
Crossfit	54	TRAINING	10		
Crosstrainer	55	FITNESS_EQUIPMENT	4	ELLIPTICAL	15
Cycling	2	CYCLING	2		
Dancing	64	GENERIC	0		
Downhill skiing	13	ALPINE_SKIING	13	DOWNHILL	9
Duathlon	93	MULTISPORT	18		
Fishing	96	FISHING	29		
Fitness class	32	TRAINING	10		
Floorball	43	GENERIC	0		
Freediving	79	DIVING	53		
Frisbee golf	66	GENERIC	0		
Futsal	67	GENERIC	0		
Golfing	16	GOLF	25		
Gravel cycling	99	CYCLING	2	GRAVEL_CYCLING	46
Gym	23	TRAINING	10	STRENGTH_TRAINING	20
Gymnastics	81	TRAINING	10		
Handball	44	GENERIC	0		
Hiking	11	HIKING	17	TRAIL	3
Horseback riding	25	HORSEBACK_RIDING	27		
Hunting	97	HUNTING	28		
Ice hockey	50	GENERIC	0		
Ice skating	49	ICE_SKATING	33		
Indoor cycling	52	CYCLING	2	INDOOR_CYCLING	6
Indoor rowing	57	FITNESS_EQUIPMENT	4	INDOOR_ROWING	14
Indoor sports	17	TRAINING	10		
Jump rope	102	GENERIC	0		
Kayaking	72	KAYAKING	41		
Kettlebell	63	TRAINING	10	STRENGTH_TRAINING	20
Kitesurfing	87	KITESURFING	44		
Mermaiding	100	DIVING	53		
Motorsports	26	DRIVING	24		
Mountain biking	10	CYCLING	2	MOUNTAIN	8
Mountaineering	83	MOUNTAINEERING	16		
Multisport	68	MULTISPORT	18		
Nordic walking	24	WALKING	11		
Obstacle racing	95	GENERIC	0		
Openwater swimming	85	SWIMMING	5	OPEN_WATER	18
Orienteering	60	RUNNING	1	NAVIGATE	50
Outdoor gym	20	TRAINING	10		

Paddling	14	PADDLING	19		
Padel	75	RACKET	64	PADEL	85
Paragliding	88	HANG_GLIDING	26		
Parkouring	18	GENERIC	0		
Racquet ball	41	RACKET	64		
Roller skating	12	INLINE_SKATING	30		
Roller skiing	56	CROSS_COUNTRY_SKIING	12		
Rowing	15	ROWING	15		
Rugby	48	GENERIC	0		
Running	1	RUNNING	1		
Sailing	71	SAILING	32		
Scubadiving	78	DIVING	53		
Skateboarding	27	GENERIC	0		
Ski touring	31	ALPINE_SKIING	13	BACKCOUNTRY	37
Snorkeling	90	SWIMMING	5		
Snow shoeing	65	SNOWSHOEING	35		
Snowboarding	30	SNOWBOARDING	14		
Soccer	33	SOCCER	7		
Softball	45	GENERIC	0		
Spearfishing	101	DIVING	53		
Sports other 1	4	GENERIC	0		
Sports other 2	5	GENERIC	0		
Sports other 3	6	GENERIC	0		
Sports other 4	7	GENERIC	0		
Sports other 5	8	GENERIC	0		
Sports other 6	9	GENERIC	0		
Squash	42	RACKET	64		
Standup paddling	61	STAND_UP_PADDLEBOARDING	37		
Stretching	58	TRAINING	10	FLEXIBILITY_TRAINING	19
Surfing	91	SURFING	38		
Swimming	21	SWIMMING	5		
Swimrun	92	MULTISPORT	18		
Table tennis	40	RACKET	64		
Telemarkskiing	84	ALPINE_SKIING	13	DOWNHILL	9
Tennis	34	TENNIS	8		
Track and field	59	RUNNING	1	TRACK	4
Trail running	22	RUNNING	1	TRAIL	3
Transition	98	TRANSITION	3		
Treadmill	53	RUNNING	1	TREADMILL	1
Trekking	70	HIKING	17		
Triathlon	74	MULTISPORT	18		
Volleyball	38	GENERIC	0		
Walking	0	WALKING	11		
Water sports	28	GENERIC	0		
Windsurfing	86	WINDSURFING	43		
Yoga	51	TRAINING	10	YOGA	43